

## PRODUCT INFO

# HAIR SKIN NAILS

## FEEL YOUR BEAUTIFUL BEST

42g - 60 Tablets

Be ready to look and feel your beautiful best from the inside out with Hair Skin Nails! Packed with essential vitamins, minerals, and plant-based nutrients, Hair Skin Nails is the optimal supplement to introduce into your daily beauty routine!

- It Works! Hair Skin Nails is packed with essential vitamins, minerals, and plant-based nutrients!
- Zinc and selenium contribute to the maintenance of normal healthy hair and nails
- Biotin contributes to the maintenance of normal hair and skin



## NUTRITION FACTS

Nutrition Facts / Informations nutritionnelles / Información nutricional		
	per 2 tablets / pour 2 comprimés	% NRV* / %AJR*
Vitamin(e/a) C	180 mg	225%
Vitamin(e/a) E	21 mg α-TE	175%
Vitamin(e/a) B6	2 mg	143%
Biotin(e/a)	225 µg	450%
Pantothenic acid /Acide pantothénique / Ácido pantoténico	8 mg	133%
Calcium / Calcio	126 mg	16%
Zinc	10 mg	100%
Selenium / Selenio	50 µg	91%
Manganese / Manganeseo	2 mg	100%
Gotu kola extract / Extrait d'hydrocotyle d'asie / Extracto de centella asiática	60 mg	
Amla fruit extract / Extrait de fruit d'amlá / Extracto de fruto de emblica	30 mg	
Horsetail extract /Extrait de prêle des champs / Extracto de cola de caballo	14 mg	

\*NRV = Nutrition reference values /

\*AJR = apport journalier recommandé

## INGREDIENTS

Bulking Agent (Microcrystalline Cellulose), Calcium Carbonate, L-Ascorbic Acid, Grape Seeds Powder 7% (Vitis vinifera L.), Gotu Kola Leaf Extract (Centella asiatica L.), Anti-Caking Agents (Stearic Acid, Magnesium Stearate), Zinc Citrate, Amla Fruit Extract (Phyllanthus emblica L.), D-α-Tocopheryl acid Succinate, Bulking Agent (Sodium Carboxymethylcellulose), Manganese Gluconate, Glazing Agent (E464, E463, Sweetener E960, Flavouring), L-Selenomethionine, Horsetail Stem Extract (Equisetum arvense L.), D-Calcium-Pantothenate, Anti-Caking Agent (Silicone Dioxide), Kombu Kelp Extract (Laminaria japonica), Pyridoxine Hydrochloride, D-Biotin, Astaxanthin (Haematococcus pluvialis), Melon Juice Concentrate (Cucumis melo L.), Olive Leaf Extract (Olea europaea L.).

## SUGGESTED USE

Take 2 tablets daily with a meal.



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Individual results can and will vary. Food supplements are not substitutes for a varied and balanced diet and a healthy lifestyle.

It is illegal for a promoter or participant in a trading scheme to persuade anyone to make a payment by promising benefits from getting others to join a scheme. Do not be misled by claims that high earnings are easily achieved.

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# HAIR SKIN NAILS

## FEEL YOUR BEAUTIFUL BEST

### FREQUENTLY ASKED QUESTIONS

#### What is Hair Skin Nails?

Hair Skin Nails is packed with essential vitamins, minerals, and natural, plant-based nutrients. Biotin (a B vitamin) contributes to the maintenance of normal hair and skin. The minerals selenium and zinc contribute to the maintenance of normal hair and nails

#### How does it maintain my hair, skin, and nails?

Through the presence of vitamins and minerals known to contribute to the maintenance of normal hair, skin and nails.

Hair Skin Nails includes:

- Biotin, a B-vitamin important for maintenance of normal hair and skin.
- The minerals selenium, and zinc, which are known to contribute to the maintenance of normal hair and nails.

#### How should I take Hair Skin Nails?

Take two tablets daily with a meal. Always be sure to drink your eight glasses of water daily, as hydration is important to the health of your hair, skin, and nails.

#### Do I need to consider anything else when taking Hair Skin Nails?

Hair Skin Nails should not be taken with anticoagulants.

#### Is Hair Skin Nails safe for me to use if I am pregnant, nursing or have an ongoing medical condition?

Before using any new product, whether a nutritional supplement, topical cream or treatment, or any other item, you should always consult your physician to find out if it is safe for you.

#### Can my children use this product?

All It Works! products are recommended only for adults 18 years old or older.