

PRODUCT INFO

IT WORKS! CLEANSE FOOD SUPPLEMENT

4 x 118 ml

It Works! Cleanse is a gentle, yet effective two-day herbal cleanse containing Aloe Vera Leaf Gel and Chicory Inulin, which helps your body so you can feel and look your best!

- **Herbal Cleanse Blend:** Contains Aloe Vera Leaf Gel and Chicory Inulin, with Chicory Inulin contributing to normal bowel function by increasing stool frequency.
- **Nutritional Cleanse Blend:** Contains an array of 25 foods, botanical extracts, and concentrates that provide a supplemental source of the vitamins, minerals, fibre, and phytonutrients your body needs.



Nutrition Facts / Valeurs nutritionnelles / Información nutricional / Valori nutrizionali	Per 2 bottles / Pour 2 bouteilles / Por 2 botellas / Per 2 bottiglie	% NRV / VNR / VRN / VNR*
Vitamin B6 / Vitamine B6 / Vitamina B6 / Vitamina B6	2 mg	142%
Vitamin B12 / Vitamine B12 / Vitamina B12 / Vitamina B12	3 mcg	120%
Potassium / Potasio / Potassio	600 mg	30%
Magnesium / Magnésium / Magnesio	240 mg	64%
Aloe vera leaf gel / Gel de feuille d'aloë vera / Gel de hoja de aloë vera / Gel di aloë vera	16 g	
Chicory inulin / Inuline de chicorée / Inulina de achicoria / Inulina di cicoria	12 g	

*NRV = Nutrition reference values / VNR = valeurs nutritionnelles
de référence / VRN = Valor de referencia de nutrientes /
VNR = valori nutrizionali di riferimento

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Ingredients: Water, Sugar, Aloe vera leaf gel (Aloe barbadensis), native Chicory inulin (Cichorium intybus L.), Lemon juice concentrate (Citrus limon), Acidity regulator (Citric acid), Potassium citrate, Magnesium citrate, natural Lemon Flavouring, Preservatives (Sodium benzoate, Potassium sorbate), Flavouring, Beetroot Extract (Beta vulgaris L.), Cranberry (Vaccinium macrocarpon), Gingerroot Extract (Zingiber officinale), Stabiliser (Phosphates), Emulsifier (Xanthan gum), Pineapple (Ananas comosus), Matcha green tea (Camellia sinensis L.), Apple (Malus domestica), Orange (Citrus sinensis), Lemon (Citrus limon), Blueberry (Vaccinium myrtillus L.), Grape (Vitis vinifera L.), Grapefruit (Citrus maxima), Plum (Prunus domestica L.), Raspberry (Rubus idaeus L.), Strawberry (Fragaria viridis L.), natural Pepper Flavouring, Pyridoxine hydrochloride, Watermelon (Citrullus lanatus), Green tea Extract (Camellia sinensis L.), Melon (Cucumis melo L.), Cherry (Prunus avium), Papaya (Carica papaya L.), Peach (Prunus persica), Pear (Pyrus communis L.), Spirulina (Spirulina platensis), Cyanocobalamin.

SUGGESTED USE

Adults drink one bottle (118 ml) in the morning prior the meal, and another one bottle before dinner, for two consecutive days. Shake well before use. Drink at least 8 glasses of water daily.



Food supplements are not substitutes for a varied and balanced diet and healthy lifestyle.
It is illegal for a promoter or a participant in a trading scheme to persuade anyone to make a payment by promising benefits from getting others to join a scheme. Do not be misled by claims that high earnings are easily achieved.
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IT WORKS! CLEANSE FOOD SUPPLEMENT

FREQUENTLY ASKED QUESTIONS

What is It Works! Cleanse?

It Works! Cleanse is a gentle, yet effective two-day herbal cleanse containing Aloe Vera Leaf Gel and Chicory Inulin, which helps your body so you can feel and look your best! Within the proprietary Herbal Cleanse Blend, the prebiotic fibre from Chicory Inulin contributes to normal bowel function by increasing stool frequency.

How does It Works! Cleanse work?

Formulated with two blends (Herbal Cleanse Blend and Nutritional Cleanse Blend), It Works! Cleanse works with your body's natural flow to provide a gentle, yet effective cleanse so you can feel and look your best.

Herbal Cleanse Blend

- The prebiotic fibre from Chicory inulin contributes to normal bowel function by increasing stool frequency .
- Works through your system slowly to provide a gentle, yet effective cleanse.
- Micronutrients found in Aloe Vera Leaf Gel provide support to help you feel your best.

Nutritional Cleanse Blend

- An array of 25 foods, botanical extracts, and concentrates provides a supplemental source of the vitamins, minerals, fibre, and phytonutrients your body needs.

What is the difference between a prebiotic and a probiotic?

Prebiotics and probiotics work together to support your digestive system health. Probiotics are live bacteria naturally found in certain foods and your colon. They remain intact throughout the digestive process and deliver healthy bacteria to the large intestine. Prebiotics are dietary fibres that feed this healthy (or good) bacteria in your digestive system.

Can I take It Works! Cleanse and go about my daily activities?

Yes! The Herbal Cleanse Blend works through your system slowly to provide a gentle, yet effective cleanse.

What can I eat while I'm taking It Works! Cleanse?

The healthier you eat as you're cleansing, the better It Works! Cleanse can reset and rebalance your system! So while you're taking It Works! Cleanse, follow a well-balanced diet, that includes healthy foods, such as leafy green vegetables, fruits, and whole grain fibre.

How does It Works! Cleanse help me feel and look my best?

You can feel and look your best when your normal bowel function is supported and your body receives essential nutrients. It Works! Cleanse works with your body's natural flow to do just that! The Herbal Cleanse Blend provides Aloe Vera Leaf Gel and Chicory Inulin, with Chicory Inulin contributing to normal bowel function by increasing stool frequency. The Nutritional Cleanse Blend contains 25 different foods, botanical extracts, and concentrates, including grapefruit, apple, lemon, beet root, and green tea leaf—just to name a few! This blend also provides a supplemental source of the vitamins, minerals, enzymes, fibre, and phytonutrients your body needs.

Can I take It Works! Cleanse more than 2 days a month?

While you can use It Works! Cleanse more than once a month, we recommend that you NOT use It Works! Cleanse more than once a week.

Can I mix in Greens with the It Works! Cleanse in my It Works! Blender Bottle?

No, you should not mix Greens into the It Works! Cleanse.

Can I take It Works! Cleanse if I'm pregnant or nursing?

We suggest that you consult your physician prior to using any of our products if you are pregnant or nursing.

Can I give It Works! Cleanse to my children?

No. You should always keep It Works! Cleanse out of the reach of children. This product is not suitable for people under the age of 18 years old.

